

## **COVID-19 PTODC Inc. Guidelines**

*These guidelines have been developed to reduce the likelihood of spreading the COVID-19 virus through attending dog training classes. Before attending a class, you should consider your individual situation noting that the COVID-19 virus can spread very quickly and result in very serious medical complications in some people. Like any activities, there are some inherent risks involved and by participating you are accepting those risks.*

### **COVID Safe**

PTODC Inc. encourages all members to download the COVID Safe app to help speed up the process of identifying anyone who has been in close contact with someone diagnosed with COVID-19. Learn more: <https://www.health.gov.au/resources/apps-and-tools/covidsafe-app>

The club will maintain attendance records of people attending classes for the purpose of contact tracing.

The club has prepared a COVID Safety Plan. A COVID Safety Plan Certificate will be available at the venue.

### **Before you attend a training class**

You must stay at home if you:

- Have been in contact with someone with COVID-19 in the last 14 days
- Have been overseas or exposed to someone with COVID-19 in the last 14 days
- Are unwell or have flu-like symptoms

### **Social distancing & Public Gatherings**

Dog training requires no direct contact between members. Whilst attending class you should also:

- Maintain a strict limit of a minimum of 2 square metres per person.
- Maintain 1.5 metre separation between people who are not from the same household.

### **Personal behaviours**

To protect against infection, you should:

- Wash/sterilise your hands before and after you attend a training class and avoid touching your face while in class.
- Not share water bottles, dog bowls or training gear. Bring your own water bottle, bowl and gear.
- Wash your hands frequently with soap and water or hand-sanitiser when available, before and after eating, after going to the toilet, sneezing and coughing.
- Cover your coughs and sneezes and dispose of any used tissue immediately
- Avoid touching your face
- Keep your distance from people who are obviously sick

### **Training Class Instructors**

- Maintain attendance records of participants for the purposes of contact tracing
- Position your participants at well-spaced stations - Maintain a strict limit of a minimum of 2 square metres per person.
- Maintain social distancing at all times including when giving feedback, practicing exercises during class, before the start of class and at the end of class.
- Ensure thorough and regular cleaning of any equipment and high touch items
- Payments to be made online via Paypal – no handling of cash.

### **Agility equipment**

There is no specific evidence that agility equipment can spread COVID-19. We do know that respiratory droplet contamination on hard surfaces can potentially survive for some time. Therefore, you should:

- Make sure you clean your hands before and after touching any equipment
- Not touch your face after touching equipment
- Clean all shared equipment before and after use with alcohol-based disinfectant including training gear such as cones
- If training equipment is used, they must be positioned and removed by an instructor and cleaned between uses.